

LIFT-UP Programs

JUNE 2025

JUNIO 2025

LOCATION KEY

CLAVE DE UBICACIÓN

LIFT-UP Pantry of Choice

Despensa de comida de LIFT-UP

CARBONDALE

Third Street Center

520 S. 3rd St.

GLENWOOD

Catholic Charities

1004 Grand Ave.

NEW CASTLE

River Center

126 N. 4th St.

RIFLE

LIFT-UP Building

800 Railroad Ave

PARACHUTE

LIFT-UP Building

201 E. 1st St.

MM - LIFT-UP Mobile Market

Mercado Mobile de LIFT-UP

SILT

MM - Silt Baseball Fields

648 N 7th St.

DT - LIFT-UP TEFAP Drive-Thru

Despensa TEFAP Mobile de

LIFT-UP

ASPEN

DT Aspen Chapel

77 Meadowood Dr

PARACHUTE

DT - LIFT-UP Building

201 E. 1st St.

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
2 CARBONDALE 10:30 am - 12:30 pm DT- PARACHUTE- TEFAP 2:00 pm - 3:00 pm PARACHUTE 3:00 pm - 6:00 pm	3 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	4 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm DT- ASPEN- TEFAP 12:00 pm - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	5 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	6 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	7 FBR - RIFLE TEFAP 10:00 am-11:00 am FBR - GLENWOOD TEFAP 1:30 pm-2:30 pm
9 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	10 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	11 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	12 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	13 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	14 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
16 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	17 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	18 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	19 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	20 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	21 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
23 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	24 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	25 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	26 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	27 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	28 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
30 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm			NOTE: Sign Ups for the pantry will close 30mins prior to the listed ending time.	NOTA: El registro para la despensa cerrara 30 minutos antes de la hora de cierre indicada.	*ALL CHANGES ARE HIGHLIGHTED* *TODOS LOS CAMBIOS ESTÁN RESALTADOS*

Partner Programs

Harvest for Hunger Pantry
Monday - Friday, 8am - 5pm

ASPEN

Health and Human Services Bldg
77 Meadowood Dr

Food Bank of the Rockies (FBR) Mobile Pantry

EL JEBEL

FBR Movie Land Parking Lot
218 E Valley Rd.

GLENWOOD

FBR Glenwood Springs Middle School
120 Soccer Field Rd

RIFLE

FBR Garfield County Human Services
195 14th St.

INFORMACIÓN:

- Esta institución es un proveedor de igualdad de oportunidades.
- La comida estará disponible por orden de llegada, hasta agotar existencias.
- Las fechas son sujetas a cambios en casos de clima inclemente o días festivos.
- Los cliente elegibles para TEFAP - solicitud requerida.

INFORMATION:

- This Institution is an Equal Opportunity Provider.
- Food will be available on a first-come, first-served basis, while supplies last.
- Dates are subject to change in the event of inclement weather or holidays.
- TEFAP eligible client – application required.

MISSION: LIFT-UP is the leader in providing equitable food security for individuals and families; educating, building, understanding, & support to end hunger from Parachute to Aspen.

MISIÓN: LIFT-UP es el líder en proveer seguridad alimentaria equitativa para individuos y familias; educando, construyendo, entendiendo y apoyando para terminar con el hambre desde Parachute hasta Aspen.