

LIFT-UP Programs

JULY 2025

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LOCATION KEY
CLAVE DE UBICACIÓN
LIFT-UP Pantry of Choice
Despensa de comida de LIFT-UP

CARBONDALE
Third Street Center
520 S. 3rd St.

GLENWOOD
Catholic Charities
1004 Grand Ave.

NEW CASTLE
River Center
126 N. 4th St.

RIFLE
LIFT-UP Building
800 Railroad Ave

PARACHUTE
LIFT-UP Building
201 E. 1st St.

MM - LIFT-UP Mobile Market
Mercado Mobile de LIFT-UP

SILT
MM - Silt Baseball Fields
648 N 7th St.

DT - LIFT-UP TEFAP Drive-Thru
Despensa TEFAP Mobile de LIFT-UP

ASPEN
DT Aspen Chapel
77 Meadowood Dr

PARACHUTE
DT - LIFT-UP Building
201 E. 1st St.

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
	1 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm DT- Parachute TEFAP 2:00 pm - 3:00 pm	2 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	3 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	4  LIFT-UP Closed	5 FBR - RIFLE TEFAP 10:00 am-11:00 am FBR - GLENWOOD TEFAP 1:30 pm-2:30 pm
7 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	8 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	9 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	10 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	11 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	12 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
14 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	15 FBR - EL JEBEL 8:30 am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	16 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	17 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	18 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	19 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
21 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	22 FBR - EL JEBEL 8:30 am am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	23 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	24 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	25 NEW CASTLE 9:00 am - 1:00 pm RIFLE 10:00 am - 1:00 pm	26 FBR - RIFLE 10:00 am-11:00 am FBR - GLENWOOD 1:30 pm-2:30 pm
28 CARBONDALE 10:30 am - 12:30 pm PARACHUTE 3:00 pm - 6:00 pm	29 FBR - EL JEBEL 8:30 am am - 9:30 am RIFLE 11:00 am - 2:00 pm GLENWOOD 1:00 pm-3:30 pm	30 NEW CASTLE 9:00 am-1:00 pm MM - SILT 10:00 am - 1:00 pm CARBONDALE 2:30 pm-4:30 pm	31 GLENWOOD 10:30 am-1:30 pm PARACHUTE 12:30 pm - 3:30 pm	NOTE: Sign Ups for the pantry will close 30mins prior to the listed ending time. NOTA: El registro para la despensa cerrara 30 minutos antes de la hora de cierre indicada.	

ALL CHANGES ARE HIGHLIGHTED
TODOS LOS CAMBIOS ESTÁN RESALTADOS

Partner Programs

Harvest for Hunger Pantry
Monday - Friday, 8am - 5pm

ASPEN
Health and Human Services Bldg
77 Meadowood Dr

Food Bank of the Rockies (FBR) Mobile Pantry

EL JEBEL
FBR Movie Land Parking Lot
218 E Valley Rd.

GLENWOOD
FBR Glenwood Springs Middle School
120 Soccer Field Rd

RIFLE
FBR Garfield County Human Services
195 14th St.

INFORMACIÓN:

- Esta institución es un proveedor de igualdad de oportunidades.
- La comida estará disponible por orden de llegada, hasta agotar existencias.
- Las fechas son sujetas a cambios en casos de clima inclemente o días festivos.
- Los cliente elegibles para TEFAP - solicitud requerida.

INFORMATION:

- This Institution is an Equal Opportunity Provider.
- Food will be available on a first-come, first-served basis, while supplies last.
- Dates are subject to change in the event of inclement weather or holidays.
- TEFAP eligible client – application required.

MISSION: LIFT-UP is the leader in providing equitable food security for individuals and families; educating, building, understanding, & support to end hunger from Parachute to Aspen.

MISIÓN: LIFT-UP es el líder en proveer seguridad alimentaria equitativa para individuos y familias; educando, construyendo, entendiendo y apoyando para terminar con el hambre desde Parachute hasta Aspen.